

FIMCAP 2021 Day

15-20 Nov

This year, we will have a week-long celebration of FIMCAP Day which will start on Nov. 15-20. During this week of celebrations, we will give FIMCAP Day a more spiritual and reflective meaning and approach. Due to all the changes we have been through, as a society, with the pandemic, we learn to value more the people around us, the environment we live in, our youth movements which we are part of, etc.

This is why we want us to take a moment to reflect on how FIMCAP impacted our lives and the society in the past years; and also to give you a way to craft a reflection space at your home.

15-16 NOV

Each person will choose a special place in their house. It can be a corner with lights, an altar, somewhere in your bedroom, or anywhere you find fit for this activity. You can decorate it as you want and turn it into a comfortable place where you can have a quiet moment to reflect during the week.

Activity

KEYWORD:
BE LIGHT IN THE WORLD

You will decorate candles that you will put in your assigned special place in your house. It doesn't have to be real candles. You can craft them out of recyclable materials that you have around the house. See pictures below.

Reflection moment

Light the decorated candles you made (if you use real candles) for 5 minutes every day or for how long you want. As you light them, feel the connection with all the FIMCAP members all over the world as somewhere in the world, there is another person lighting the candle at the same time. If you crafted a candle which can be lit, you can do this symbolically. You can also take a picture of your lit candle and share it with others or in your social media account to make others feel and celebrate the FIMCAP day.

During your reflection, thank God for always being a guiding light in the depths of our hearts and our lives. We know that on many occasions we have gone through not just happy moments but also sad ones. Despite this, we saw the light to move forward with energy and motivation. FIMCAP is also like this light - the light that surrounds us and guides us to be better people, full of vitality and strength. Let's think... Are we living our lives like FIMCAP lights that guide others?



Matthew 5:14-16

"You are the light of the world. A town built on a hill can 'not be hidden. Neither, do people light a lamp and put it under a bowl. Instead, they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.

Short reflection

One of the great things about camping out in the country is that you can get away from the city lights and really see the stars. When you are away from the city, a full moon is bright enough to find your way around in the night. The sky is full of light from the stars. In a world of darkness, we are those who have come from darkness into light. We are to reflect the light we have found in Jesus. Notice that Jesus' point: We are not to limit our lights to our own little circle of influence. We are to take every possible opportunity to shine them so that places of darkness is present on the life of the people.

Prayer

Help us, O God, to be a light to those near and far. Lead us into ways of service that will bless people in the name of Jesus. We are concerned, LORD God, about several folks that we know personally and that need to become Christians. Help us to be your light of joy and salvation that will help them come to know you as their Heavenly Father. We ask this In Jesus' name, we pray. Amen.

Song: Christ Be Our Light



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17-18 NOV

We will
remember the
FIMCAP moments
we had.

Activity

KEYWORD:

JOY

You will find 1 or 2 photos that represent a very important FIMCAP moment(s) in your life. It can be from World Camp or Krinkel, exciting activities with FIMCAP, or memories with people you meet in FIMCAP. You can choose to put them on your assigned special place in your house or you can also share them on social media. With this, we will thank God for the opportunity to be happy as we create wonderful memories and find friends in FIMCAP. We will be reminded of beautiful and meaningful friendships made, the rich cultures discovered, the languages learned, life-lessons received.

Giving thanks is very heartwarming especially when we have experienced so many adventures and challenges together.



John 15, 9-17

"As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. I have told you this so that my joy may be in you and that your joy may be complete. My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends. You are my friends if you do what I command. I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father, I have made known to you. You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name, the Father will give you. This is my command: Love each other.

Short reflection

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Song: Alive by Hillsong Young and Free



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19- 20 NOV

We will ask God's mercy and guidance for the people who are no longer in this world because of the pandemic. We will pray for refugees who are homeless or for the people who are suffering and experiencing pain. We will pray that God always protects and guides FIMCAP in whichever path we will take; to bind us together as we continue to serve others with love and dedication.

And with this, you will put in your assigned special place a small written paper with our requests or wishes to God.

KEYWORD:
PETITIONS

Activity + Reflection moment

What inspires us as FIMCAP to move forward?

Each person will write their requests on paper and put it in their assigned special place.

To close the week-long celebration of FIMCAP Day, you will write a text or story to remind yourself that it's always better to give your time, energy, and dedication to those around you and make beautiful moments together as you accompany each other. And in FIMCAP, we are a family of young people who serve God and other through our beautiful work and service.



Let life be...

Short reflection

When I look back, I see a few things, which I want to do differently. However, I cannot go in past to change them. So, why not learn from them and implement those leanings now to design the future I want for myself. I have seen that life is all about the choices we make. If we want to lead a meaningful life then we must live in the present moment. Fretting about past or worrying about future consumes our precious energy. This makes us feel tired and less energetic and leave us with less time and energy to enjoy the present moment. Apart from this, staying positive in life is very important as one negative thought can disturb our peace of mind like one rotten fruit can damage all other fruits of the basket. We have to take a conscious effort to weed out any negative thought that may creep in and feed only positive thoughts to our mind. Our mind is like a beautiful garden and we cannot put garbage like hatred, fear, and worry into it. This life is a gift, it is a blessing, so do not just exist but live life to the fullest. Always strive to excel in what you do and see the magic. It will make you feel more satisfied with yourself. Everyone is unique and different from each other. So, do not compare yourself with anyone else as it is like comparing an apple with an orange. If we truly want to excel and grow over a period of time, then we should compete with ourselves. Try to be a better person by each passing day. Look at ourselves what we have experience in the past 2 years ago. Each day presents an opportunity to learn new things, to meet new people, to connect with people we know in a deeper way and so on. So, it is our duty to make the most of these opportunities. The key to happiness is to do things you love doing.

Song: Colors of the wind



Prayer

"God, sometimes life gets me down and we find it hard to see things to be thankful for. Open our eyes to see the gifts you've given us in our lives. We going to start by thanking you for loving us enough to come to earth and die so we can live together forever. Amen."

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OPTIONAL



Activity for the local groups:

Activity for the local groups:

Prepare a cardboard with 'FIMCAP' written on it; or have the letters cut out of a cardboard (however you want to do it). During the week-long activity, you can ask the children to write messages of thanks, gratitude, hope etc. or just some kind words that they would like to share with the world. Then, they can design the letters as they want. This is a nice reflection moment for the children to take a moment and think about what they are grateful for during these hard times; and also think about how they can make a change in the world and to the people around them.

We are grateful for this beautiful week lived in harmony with the great FIMCAP FAMILY.

Remember, you are important, you are a light in FIMCAP and we must continue working with more motivation than ever. God gives us one more day of life to thank and live life in healthily with our families, friends, our environment, etc.

LET'S BE HAPPY!

Don't forget to tag us on social media and use #fimcapday2021.